

February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17 7:00 -9:00pm Satsang	18 1:00 – 6:00pm Restorative Yoga Asana Techniques
19 10:30am-5:30pm Ashtanga Practice Philosophy Asana Techniques	20	21 6:00 – 9:00pm Hatha Practice & Anatomy	22	23	24	25
26	27	28 6:00 – 9:00pm Hatha Practice & Anatomy	Notes:			

March 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 7:00 -9:00pm Wellness Satsang	4 1:00 – 6:00pm Restorative Yoga Asana Techniques
5 10:30am-5:30pm Ashtanga Practice Philosophy Asana Techniques	6	7 6:00 – 9:00pm Hatha Practice & Anatomy	8	9	10	11
12	13	14 6:00 – 9:00pm Hatha Practice & Anatomy	15	16	17 7:00 -9:00pm Satsang	18 1:00 – 6:00pm Restorative Yoga Asana Techniques
19 10:30am-5:30pm Ashtanga Practice Philosophy Asana Techniques	20	21 6:00 – 9:00pm Hatha Practice & Anatomy	22	23	24	25
26	27	28 6:00 – 9:00pm Hatha Practice & Anatomy	29	30	31 7:00 -9:00pm Satsang	Notes:

April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 1:00 – 6:00pm Restorative Yoga Asana Techniques
2 10:30am-5:30pm Ashtanga Practice Philosophy Asana Techniques	3	4 6:00 – 9:00pm Hatha Practice & Anatomy	5	6	7 7:00 -9:00pm Wellness Satsang	8
9	10	11 6:00 – 9:00pm Hatha Practice & Anatomy	12	13	14 7:00 -9:00pm Satsang	15 1:00 – 6:00pm Restorative Yoga Asana Techniques
16 Easter	17	18 6:00 – 9:00pm Hatha Practice & Anatomy	19	20	21	22
23	24	25 6:00 – 9:00pm Hatha Practice & Anatomy	26	27	28 7:00 -9:00pm Satsang	29 1:00 – 6:00pm Restorative Yoga Asana Techniques
30 10:30am-5:30pm Ashtanga Practice Philosophy Asana Techniques	Notes:					

May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 6:00 – 9:00pm Hatha Practice & Anatomy	3	4	5 7:00 -9:00pm Wellness Satsang	6 1:00 – 6:00pm Restorative Yoga Asana Techniques
7 10:30am-5:30pm Ashtanga Practice Philosophy Asana Techniques	8	9 6:00 – 9:00pm Hatha Practice & Anatomy	10	11	12	13
14	15	16 6:00 – 9:00pm Hatha Practice & Anatomy	17	18	19 7:00 -9:00pm Satsang	20 1:00 – 6:00pm Restorative Yoga Asana Techniques
21 10:30am-5:30pm Ashtanga Practice Philosophy Asana Techniques	22	23 6:00 – 9:00pm Hatha Practice & Anatomy	24	25	26	27
28	29	30 6:00 – 9:00pm Hatha Practice & Anatomy	31	Notes:		

June 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 7:00 -9:00pm Wellness Satsang	3 1:00 – 6:00pm Restorative Yoga Asana Techniques
4 10:30am-5:30pm Ashtanga Practice Philosophy Asana Techniques	5	6 6:00 – 9:00pm Hatha Practice & Anatomy	7	8	9	10
11	12	13 6:00 – 9:00pm Hatha Practice & Anatomy	14	15	16 7:00 -9:00pm Satsang	17 1:00 – 6:00pm Restorative Yoga Asana Techniques
18	19	20	21	22	23	24 1:00 – 6:00pm Restorative Yoga Asana Techniques
25 10:30am-5:30pm Ashtanga Practice Philosophy Asana Techniques GRADUATION DAY	26	27	28	29	30	Notes: